A. Course Description

Credits: 3

Lab Hours/ Weeks: Corequisites: None

Lecture Hours/ Week:

MnTC Goals: None

This course will provide early career teachers who are within their first five years of teaching support in creating work/life balance, instructional strategies, classroom management, building relationships with students, families and colleagues, cultural awareness and understanding the roles of building professionals. Participants will discover many ways to cultivate their resiliency. Through panel discussions, collegial support and coaching, participants will learn strategies to refuel, reenergize and reframe their passion for teaching and student success.

B. Course Effective Dates: 05/12/2019 - 12/16/2019

C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. Maintaining work/life balance through social emotional self-care.
2. Instructional strategies that improve students outcomes.
3. Student Centered Support that includes; engagement, classroom expectations, addressing mental health and restorative practices.
4. Building Relations that include: collaboration with parents, teacher to student, student to student and communicating with administration.
5. Cultural awareness and equity that includes culturally responsive teaching, understanding and overcoming racial bias and White privilege and interrupting racism in our learning communities.
6. Collaborating with colleagues and other building professionals that includes; learning roles of support staff, co-teaching and working effectively with paraprofessionals.
7. Examine and discover the resilience within by exploring habits, emotions, dispositions and context.
8. Examine and practice techniques for effective instructional strategies that improve student outcomes.
10. Examine and practice techniques for building relationships.
11. Examine and practice techniques to develop cultural awareness and equity.
12. Discuss and collaborate with other adults working in an educational setting (admin, teachers, paraprofessionals, parents, volunteers).

E. Learning Outcomes (MN Transfer Curriculum)

This contains no goal areas.

G. Special Information

Note: This is a cohort of Education Minnesota early career teachers (< or = to 5 years of teaching experience). Permission to register for the course should be obtained from Nicholas D. Hartlep, Graduate Coordinator, Nicholas.Hartlep@metrostate.edu