A. Course Description

Credits: 2

Lab Hours/ Weeks: Corequisites: None

Lecture Hours/ Week :

MnTC Goals: None

This course provides an advanced survey of the history of the alcohol and drug counseling discipline, the foundations of the practice of alcohol and drug counseling, and current evidence-based practices that are informing practice and improving outcomes. Students review the historical, social, cultural, theoretical and epidemiological foundations of alcohol and drug counseling; utilize this foundation to explore the scientific research that underpins theories of addiction; explore and critique evidence-based practices and interventions that produce positive behavior change those receiving alcohol and drug counseling services; and discuss the future of the profession.

B. Course Effective Dates: 08/19/2018 - Present

C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. Review the historical, social, cultural, theoretical and epidemiological foundations of alcohol and drug counseling to understand how they have influenced current practice.
2. Explore the scientific research underpinning theories of addiction and critically assess these theories and their foundations.
3. Research and critique evidence-based practices and interventions designed to produce positive behavior change for those receiving alcohol and drug counseling services.
4. Determine how this study will inform practice and professionalism in the future.

E. Learning Outcomes (MN Transfer Curriculum)

This contains no goal areas.

G. Special Information

Prerequisite: Acceptance into the graduate program.