This course focuses on holistic nursing care of clients experiencing transitions related to aging and alterations in health across the lifespan. Cultural and social conceptualizations of health and illness, and their impact on the planning and delivery of nursing care, will be explored. Emphasis will be placed on the role that poverty, racism, and trauma play in health and chronic illness. Ethical issues related to advocacy and the utilization of culturally responsive ethical approaches are addressed.

B. Course Effective Dates: 01/09/2017 - Present

C. Outline of Major Content Areas:
See Course Description for major content areas.

D. Learning Outcomes (General)

1. Utilize biogerontological, genetic, and psych/social aging theories to analyze the factors that lead to transitions from health to chronic illness.
2. Analyze the role that poverty, racism, and trauma play in health and chronic illness.
3. Synthesize and translate current research in healthy aging and chronic illness in diverse populations across the lifespan into holistic nursing practice.
4. Develop culturally appropriate and sensitive health promotion strategies for individuals and families that support quality of life in aging and chronic illness.
5. Plan holistic nursing interventions and client self-care strategies in the management of health and chronic illness across the lifespan.

E. Learning Outcomes (MN Transfer Curriculum)
This contains no goal areas.

G. Special Information
Note: This course is reserved for students in the RN-BSN St. Paul Monday cohort.