A. Course Description

Credits: 2

Lab Hours/ Weeks: 

Corequisites: None

Lecture Hours/ Week :

MnTC Goals: None

This course focuses on issues related to the provision of holistic nursing care to the aging population. Emphasis is placed on health promotion, chronicity and cultural aspects of aging. Additional focus is on end-of-life care and ethical dilemmas related to the aged population. Current theories of aging are examined. Competence Statement: Knows theories of aging and concepts of health promotion, illness prevention, chronicity, culture and end-of-life well enough to identify the specialized care needs for aging clients.


C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. Identify age-related changes in the assessment, planning, and intervention for select biopsychosocial issues of older clients
2. Apply holistic concepts, aging theory (ies), and cultural humility to plan holistic care for older adults.
3. Develop health promotion strategies for older adults and their families that support quality of life in aging.
4. Discuss end-of-life care for older adults.

E. Learning Outcomes (MN Transfer Curriculum)

This contains no goal areas.

G. Special Information

Community Engagement