A. Course Description

Credits: 4

Lab Hours/ Weeks: 
Corequisites: None

Lecture Hours/ Week :

MnTC Goals: None

This course’s goal is to improve outcomes in the practice of alcohol and drug counseling by linking scientific research to treatment practice. As such, the course explores current best practices in alcohol and drug counseling, such as transtheoretical stages of change, motivational enhancement techniques, and so on. The student also selects, researches, and completes a study project, which explores an evidence-based approach to alcohol and drug counseling, in depth. Counseling skills are practiced in this course.


C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. Demonstrates readiness to provide alcohol and drug counseling as a result of integrating theoretical and practical aspects of practice as demonstrated by skills practiced in class, a paper and presentation.
2. Demonstrates the ability to effectively communicate the theoretical and practice aspects of successful alcohol and drug counseling as demonstrated by class discussion and presentation.
3. Knows evidence-based approaches to alcohol and drug counseling which work to enhance client treatment outcomes as demonstrated by assigned reading and group presentation, paper, and class discussion.

E. Learning Outcomes (MN Transfer Curriculum)

This contains no goal areas.

G. Special Information

Prerequisite: At least 24 credits of Alcohol and Drug Counseling Courses. Note: Attendance at the first class meeting is mandatory unless approved beforehand by the instructor.