A. Course Description

Credits: 4

Lab Hours/ Weeks: Corequisites: None

Lecture Hours/ Week :

MnTC Goals: None

This course examines issues related to the cognitive and affective development of individuals in their later years. It maps the developmental phases that typically result in impairments that are not physical, and outlines a set of strategies to facilitate coping with those impairments. The course is recommended for those involved in direct services—nurses, activities staff members, social workers and others involved in rehabilitation.

B. Course Effective Dates: 08/01/1998 - 09/05/1999 09/06/1999 - 05/06/2002 05/06/2002 - Present

C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. Be familiar with key mental health resources available to elders and their families.
2. Describe the major psychosocial theories of aging and developmental tasks of middle age and later life.
3. Describe the most common mental disorders in the elderly, with a particular focus on differentiating between cognitive disorders like dementia and emotional disorders like depression.
4. Differentiate mental health from mental illness and identify myths and misconceptions about mental illness in elders.
5. Identify some types of mental health treatment in older adults and tools for evaluating and assessing mental disorders.

E. Learning Outcomes (MN Transfer Curriculum)

This contains no goal areas.

G. Special Information

Community Engagement