A. Course Description

Credits: 4

Prerequisites: HSER 346 Counseling and Interviewing Skills

Lab Hours/ Weeks: Corequisites: None

Lecture Hours/ Week :

MnTC Goals: None

This course teaches the dynamics of group counseling. Students learn the skills of group counseling in a classroom and Training group experience. Topics include: stages of group, group rules and goals, group leader skills, and types of groups. Students learn writing and charting skills necessary to document client progress. Emphasis is on interaction among group members, the counselors role in group facilitating, and techniques to help group members learn to view their own behavior for self-awareness and self-disclosure.

B. Course Effective Dates: 08/01/1998 - 09/05/1999 09/06/1999 - 05/06/2002 05/07/2002 - 12/15/2012 12/16/2012 - Present

C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. To know principles and process of group dynamics (i.e. stages of group, types of groups)
2. To gain personal insights and awareness to help you become a more effective group counselor.
3. To observe, practice and reflect the skills and techniques of effective group leaders (i.e. dealing with problem behaviors)
4. To practice writing and charting skills necessary to be a counselor.

E. Learning Outcomes (MN Transfer Curriculum)

This contains no goal areas.

G. Special Information

Note: Attendance at the first class meeting is mandatory. Any student not attending the first day of class will automatically be dropped from the course.