This course introduces and explores the sociological perspective through the study of food. While eating is a biological necessity and often a social activity, the meanings of food are embedded in larger socio-cultural contexts. Food is connected to individual and cultural identities, structures of power and inequality, and activism and social justice. Students will examine the social forces and social relations surrounding food, and the links between food and bodies. Lecture, discussion, multimedia materials, and a variety of readings are used to study the complex connections between food, culture, and society.

B. Course Effective Dates: 05/02/2018 - Present

C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. Comprehends and applies sociological concepts, theories, and processes to the study of food.
2. Examines and appreciates how culture, gender, race, ethnicity, and class influence food-related practices and behaviors.
3. Applies course materials to one's own experiences with food socialization.
4. Interprets and evaluates contemporary social issues in relation to food.
5. Writes analytical papers that are informed, well reasoned, and literate at an upper division college level.

E. Learning Outcomes (MN Transfer Curriculum)

Goal LS - Upper Division Liberal Studies
None

Goal 05 - Hist/Soc/Behav Sci
1. Employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. Use and critique alternative explanatory systems or theories.
3. Develop and communicate alternative explanations or solutions for contemporary social issues.

Goal 07 - Human Diversity
1. Demonstrate an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society.
2. Analyze their own attitudes, behaviors, concepts and beliefs regarding diversity, racism, and bigotry.
3. Describe and discuss the experience and contributions (political, social, economic, etc.) of the many groups that shape American society and culture, in particular those groups that have suffered discrimination and exclusion.
4. Demonstrate communication skills necessary for living and working effectively in a society with great population diversity.

G. Special Information