NURS 309 : Holistic Nursing Care of the Adult I

A. Course Description

Credits: 3

Lab Hours/ Weeks: Corequisites: None

Lecture Hours/ Week :

MnTC Goals: None

This course focuses on the foundational principles of holistic nursing care of adults throughout the health/illness continuum. Students will utilize principles of evidence-based practice, theory, and holism during the assessment, planning, implementation, and evaluation of case-based nursing care. Emphasis will be placed on health promotion, illness prevention, and management of alterations of health and wellness in diverse persons and populations.

B. Course Effective Dates: 08/20/2010 - 05/05/2015 05/06/2015 - Present

C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. Apply Modeling/Role Modeling theory to complex cases focused on alterations in health and wellness.
2. Apply professional standards and the principles of integrative therapies/evidence based practice in nursing care.
3. Differentiate the alterations in physiological and psychological functioning that result from changes in the person's internal and external environment.
4. Evaluate the concepts of health and illness utilizing a holistic, person centered worldview.
5. Explain the clinical presentation and nursing assessments/interventions required for health promotion and alterations in health and wellness.

E. Learning Outcomes (MN Transfer Curriculum)

This contains no goal areas.

G. Special Information

None