Metropolitan State University

HSCD 309: Co-Occurring Disorders: Substance Use and Mental Health

A. Course Description

Credits: 4

Prerequisites: HSCD 200 Pharmacology of Addictive Drugs AND HSCD 300 Introduction to Substance Use Disorders

Corequisites: None

Significant numbers of chemically-dependent individuals have one or more mental disorders. This course is designed to help the alcohol and drug counselor become more familiar with the most common mental disorders, the interrelationship between mental disorders and substance abuse, and various counseling methods and treatment approaches for the dually disordered client. This course covers the main features of the most common mental disorders, how they interact with substance abuse, assessment and counseling approaches, medications used for treatment, and community resources used to help these clients.

B. Course Effective Dates: 05/05/2015 - Present

C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. Learn the characteristics of various mental disorders, as demonstrated by readings, quizzes and exams.
2. Become familiar with the interrelationship between mental disorders and substance abuse as demonstrated by readings, quizzes and exams.
3. Become familiar with treatment methods such as: assessment, counseling approaches and medications used to help clients with dual disorders as demonstrated by readings, quizzes and exams.
4. Become familiar with community resources that help clients with dual disorders, as demonstrated by readings, quizzes, and exams.
5. Become familiar with how to access and utilize the diagnostic and Statistical Manual, 4th edition DSM IV-TR, as demonstrated by readings, quizzes, and exams.

E. Learning Outcomes (MN Transfer Curriculum)

This contains no goal areas.

G. Special Information

Prerequisites: HSCD 200 AND HSCD 300. Note: Attendance at the first class meeting is mandatory unless approved beforehand by the instructor. This course is only open to declared Alcohol and Drug Counseling majors. If you have not yet declared your major, contact your advisor.