Metropolitan State University

NURS 301 : Theoretical Foundations for Nursing Practice

A. Course Description

Credits: 3

Lab Hours/ Weeks: Corequisites: None

Lecture Hours/ Week :

MnTC Goals: None

This course examines the theoretical foundation for the practice of professional nursing with emphasis on the values and theoretical perspectives that support practice. A holistic framework is introduced with emphasis on the application of Modeling and Role-Modeling theory. The concepts of nurturing, facilitating, healing, and transformational self-care are emphasized.

B. Course Effective Dates: 08/15/2016 - 12/15/2017 12/16/2017 - Present

C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. Articulate insights gained through participation in self-care/self-healing activities.
2. Demonstrate critical thinking skills in applying Modeling and Role-Modeling theory to the clinical decision-making process, including aggregation and interpretation of data, pattern analysis, and implementation of the aims of intervention.
3. Examine theoretical models used in nursing as they relate to the concepts of the metaparadigm.
4. Explore the use of therapeutic communication, relaxation, imagery, energy-based interventions, and promotion of spiritual well-being in providing holistic nursing care.
5. Identify critical values of professional nursing.
6. Plan care based on the client's model of the world.

E. Learning Outcomes (MN Transfer Curriculum)

This contains no goal areas.

G. Special Information

Prerequisites: Admission to RN-BSN program. Co-requisites NURS 302.