A. Course Description

Credits: 4

Lab Hours/ Weeks: Corequisites: None

Lecture Hours/ Week :

MnTC Goals: None

This course is designed to be an overview of the practice of Alcohol and Drug Counseling. It covers the main theories or models which explain what chemical dependency is. It also provides a survey of the practice of alcohol and drug counseling, including history, licensure requirements, 12 core functions, continuum of services, culture, evidence-based practices, laws, ethics and professionalism. An orientation to the Alcohol and Drug major will also be provided.

B. Course Effective Dates: 05/05/2015 - Present

C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. Become oriented to the academic policies and expectations of the Alcohol and Drug Counseling major.
2. Develop a working knowledge of the predominant models/theories which explain chemical dependency.
3. Become familiar with the essential principles of the practice of alcohol and drug counseling.
4. Become familiar with the foundational literature, authors, research evidence and terminology related to the practice of alcohol and drug counseling.
5. Continue to develop critical thinking and writing skills necessary to be successful as a student and practicing counselor.

E. Learning Outcomes (MN Transfer Curriculum)

This contains no goal areas.

G. Special Information

Note: Attendance at the first class meeting is mandatory unless approved beforehand by the instructor.