A. Course Description

Credits: 3

Lab Hours/ Weeks: Corequisites: None

Lecture Hours/ Week :

MnTC Goals: Goal EL - General Education/Liberal Studies Elect.

Students relatively new to university education or those returning to college after a number of years often find the transition difficult. This course is designed to introduce students to Metropolitan State and its academic programs and services. It also helps students self-assess their abilities and gain knowledge in important reading and writing skills, public speaking, listening skills, study skills, and critical thinking. The course provides a firm foundation for all university learning that follows. It is required of all newly-admitted students with less than 16 semester credits. Students with fewer than 30 semester credits, or students who have been away from college for some time, are also strongly encouraged to enroll.

B. Course Effective Dates: 08/24/2002 - Present

C. Outline of Major Content Areas:

See Course Description for major content areas.

D. Learning Outcomes (General)

1. Develop a foundation understanding of higher education concepts, culture, values, expectations, and terminology, in particular, in relation to Metropolitan State University.
2. Be able to apply the foundation knowledge by participating in the Metropolitan State university community and by planning his or her educational path and learning practices.
3. Develop a basic understanding of some core elements of learning research and practice, such as learning theory, learning styles, and multicultural education.
4. Understand college-level success methods, skills and habits and apply to your own learning and study practices.
5. Build key academic skills in reading, writing, researching, reflection and analysis, critical thinking, time management and planning.
6. Explore learning resources available in the university and wider community, including working with ones academic advisor and with academic and student services.
7. Be able to identify, analyze and develop strengths, learning and personal goals, degree planning strategies, and planning goals for a successful college experience.

E. Learning Outcomes (MN Transfer Curriculum)

Goal EL - General Education/Liberal Studies Elect.

None

G. Special Information

Note: Students must attend a New Student Orientation before taking this course. Attendance at the first class is required. Bring course text to first class meeting. It is strongly recommended that students registering for Metro 101 also register for section of INFS 115, because the two courses are complementary.